

Girls just want to know everything. You can't read boys' minds, but you can pay attention to the non-verbal signals they send. Here's a two-page spread in November, 2002 issue of "YM" magazine with Patti's comments.

ym (real guys)

DIARY BEAUTY BOYS STARS STYLE STORIES

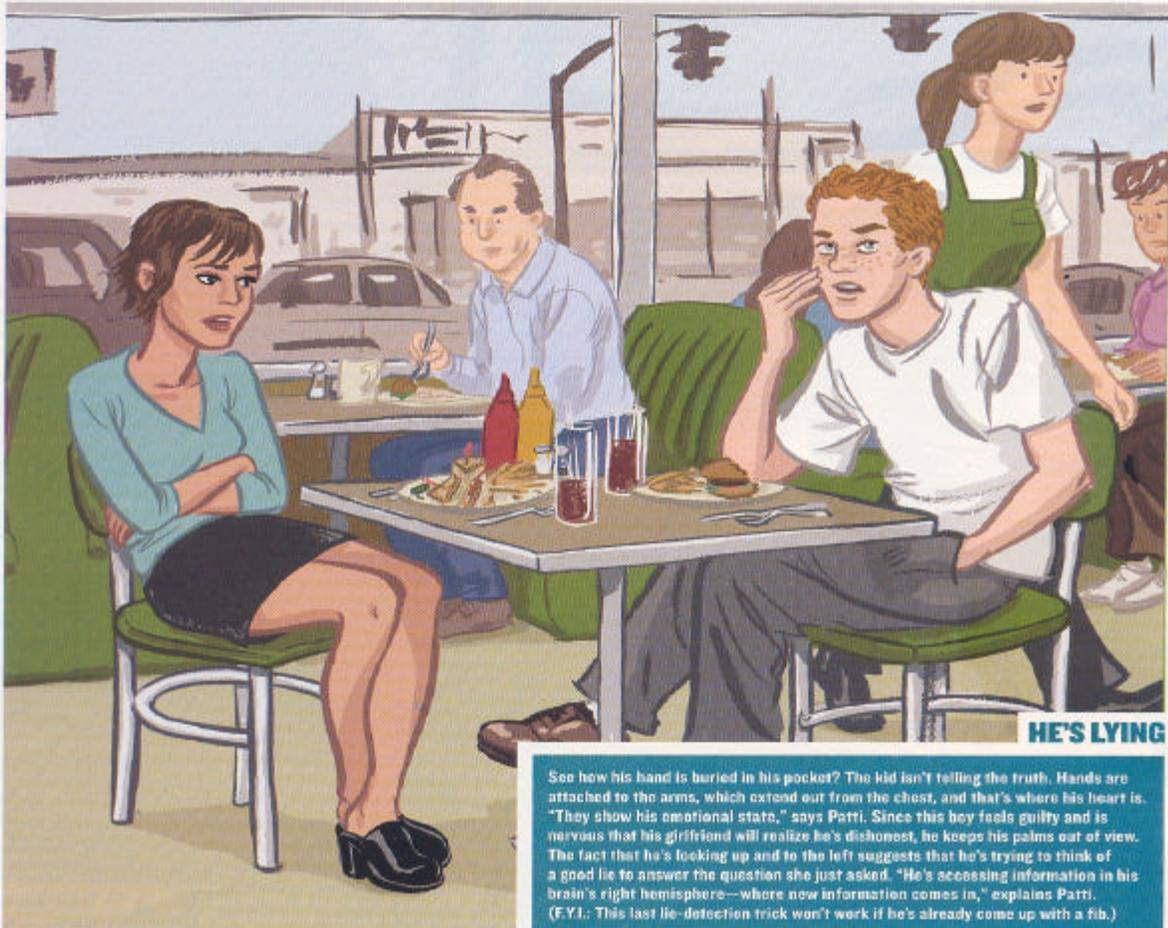
# WHAT'S HE REALLY

It's not what he says, but how he says it. BY SARA LYLE

# THINKING?

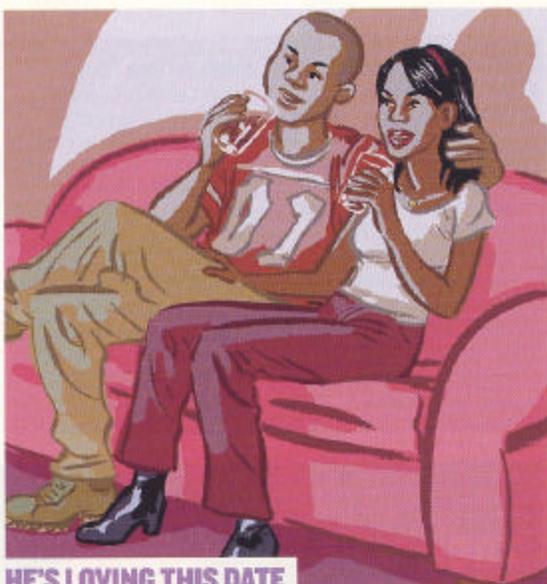
We get tons of letters from girls asking how to read boys' minds. Well, here's a hint: Pay more attention to their bodies. As much as 90% of a message is communicated through non-verbal stuff like eye contact and hand gestures. To help you

make sense of guys' seemingly random mannerisms, we got in touch with Patti Wood, a body language expert who's written four books and teaches college classes on the topic. Prepare to be enlightened.



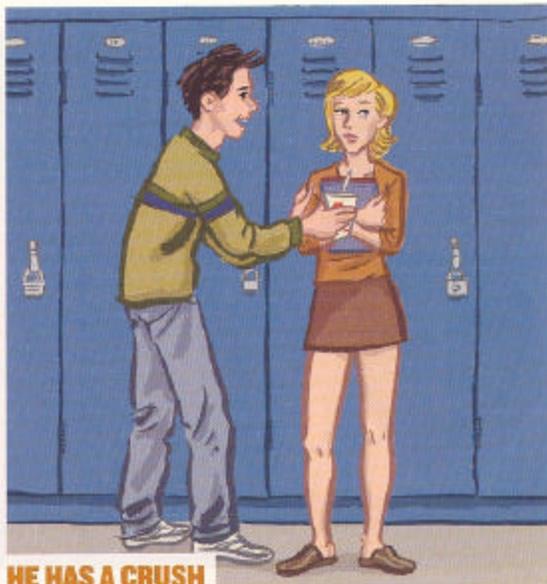
HE'S LYING

See how his hand is buried in his pocket? The kid isn't telling the truth. Hands are attached to the arms, which extend out from the chest, and that's where his heart is. "They show his emotional state," says Patti. Since this boy feels guilty and is nervous that his girlfriend will realize he's dishonest, he keeps his palms out of view. The fact that he's locking up and to the left suggests that he's trying to think of a good lie to answer the question she just asked. "He's accessing information in his brain's right hemisphere—where new information comes in," explains Patti. (FYI: This last lie-detection trick won't work if he's already come up with a fib.)



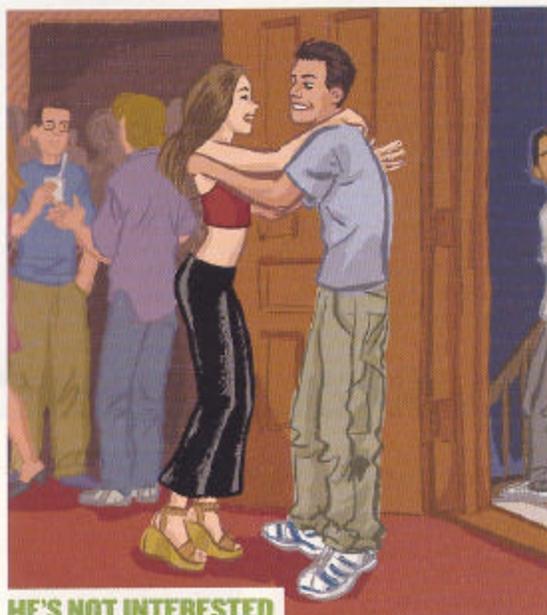
### HE'S LOVING THIS DATE

The guy here is so into his movie partner that his actions are subconsciously mirroring hers. Note the simultaneous drink sipping. Plus, his head is tilting toward hers, proving that he's happy to be with her. By putting his arm around her gently, he's showing his affection (dash). But if he had a tight grip on her, it might imply that he's controlling. The litmus test? Look at how he's crossed his legs. Since the bottom of his foot is pointing away from his date, it means he'd never try to (metaphorically) step on her.



### HE HAS A CRUSH

This boy has got it bad. You can tell because he's aiming his chest at her. He's also trying to initiate what Patti calls the "dance of intimacy" (forgive the cheesiness), in which girls and guys trade innocent body contact. "Girls may think it's no big deal, and that 'Maybe he didn't realize he touched my thigh,'" says Patti. "He knows he touched it." But this boy's shoulder tap isn't working—the girl's crossed arms are a virtual "Do not disturb" sign.



### HE'S NOT INTERESTED

Whoa. This guy is really uncomfortable getting a hug from this girl. The giveaway is his concave chest. Could he be turned off by the message she's inadvertently sending by patting his back? "Guys hate it when a girl does that," says Patti. "It's reminiscent of when their moms patted them, and they feel belittled." Also, since his toes aren't pointed at the girl, he'd probably rather be somewhere else.



### HE LIKES HER—AS A FRIEND

No weird sexual tension here—this boy is relaxed. You can tell by his grin. Patti says that when he gives you a genuine smile, his cheeks rise, his eyes crinkle, and his forehead lifts, but not for so long that the expression gets tight. And since he respects this girl, his gaze is focused on her eyes, nose, and mouth. While there's a bit of incidental touching going on, the pair's torsos are a respectable distance apart—confirming their platonic love.